NYCCAP Members Speaking
at AACAP’s 2016 Annual Meeting
(alphabetical order by last name)

| GEORGE ALVARADO, MD | Integrated Emergency Mental Health Care: Canadian and American Perspectives  
**Tuesday, October 27, 2015: 1:00 PM-4:00 PM**  
Chair: **Mario Cappelli, PhD**  
Discussant: **Mario Cappelli, PhD**  
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9.2  
Urgent Evaluation and Beyond: Towards Developing Effective Mental Health Collaboration With New York City Schools  
**George Alvarado, MD** Maimonides Medical Center, Brooklyn, NY  
**Logan Hegg, PsyD** Maimonides Medical Center, Brooklyn, NY  
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9.4  
Use of Telepsychiatry in Emergency Room Settings  
**Vera Feuer, MD** North Shore-LIJ Health System, Great Neck, NY  
**Stephanie Hartselle, MD** Hasbro Children’s Hospital, Providence, RI  
**Jonathan Merson, MD** North Shore-LIJ Health System, Glen Oaks, NY |

| ARGELINDA BARONI, MD | Institute Presentation 5.1  
Putting Young Children to Bed: Behavioral Treatment for Bedtime Problems and Night Waking in Young Children  
**Thursday, October 29, 2015 8:00 AM**  
**Argelinda Baroni, MD**, The NYU Child Study Center and NYU Langone Medical Center, New York, NY  
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New Research Poster Presentation 5.3  
A Pilot Trial of the College Sleep Improvement Plan (CSIP)  
**Friday, October 30, 2015 12:30 PM**  
**Argelinda Baroni, MD**, Psychiatry, New York University, New York, NY  
**Christina Di Bartolo**, Child & Adolescent Psychiatry, NYU Langone Medical Center, New York, NY  
**Jean-Marie Bruzzese, PhD**, Child & Adolescent Psychiatry, NYU Langone Medical Center, New York, NY  
**Jess P. Shatkin, MD, MPH**, New York University School of Medicine, New York, NY  
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New Research Poster Presentation 6.5  
Arousal and Cognitive Performance in ADHD: A Pilot Pupillometry Study  
**Saturday, October 31, 2015 10:00 AM**  
**Argelinda Baroni, MD**, The NYU Child Study Center and NYU Langone Medical Center, New York, NY  
**Emma L. Ducca, BA**, Medicine, NYU Langone Medical Center, New York, NY  
**Alessandro Francia**, The NYU Child Study Center, New York, NY  
**Indu Ayappa, PhD**, Medicine, NYU Langone Medical Center, New York, NY  
**David M. Rapoport, MD**, Medicine, NYU Langone Medical Center, New York, NY  
**F. Xavier Castellanos, MD**, Child and Adolescent Psychiatry, The NYU Child Study Center, New York, NY |
**F. XAVIER CASTELLANOS, MD**

New Research Poster Presentation 6.5

Arousal and Cognitive Performance in ADHD: A Pilot Pupillometry Study

*Saturday, October 31, 2015 10:00 AM*

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**LINDA CHOKROVERTY, MD**

Disaster Psychiatry: Beyond Acute Interventions

*Thursday, October 29, 2015: 2:00 PM-5:00 PM*

Chairs: Allan K. Chrisman, MD and Steven P. Cuffe, MD

Co-presenters: Linda Chokroverty, MD, Steven Berkowitz, MD and Stephen J. Cozza, MD

Sponsored by the AACAP Disaster and Trauma Issues Committee

The child and adolescent psychiatrist who wishes to know more about disaster trauma and disaster services, or who may participate in disaster preparedness, response, or treatment, benefits from this informative Workshop. Topics covered include types and phases of disaster and systems of disaster response; evaluation, intervention, and treatment of children and families at different phases post-disaster; preventive interventions to manage post-traumatic stress; opportunities to get involved with communities and receive training before disasters occur; and ethical and legal consideration and guidelines for public communication. Interactive disaster vignettes illustrate key points and guide the participants through developing strategies to solve the problems presented.

*Sustaining Youth Experiencing Armed Conflict and Terror*

*Saturday, October 31, 2015: 9:00 AM-12:00 PM*

Chairs: Linda Chokroverty, MD and Frederick J. Stoddard Jr., MD

Discussant: Frederick J. Stoddard Jr., MD

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**VERA FEUER, MD**

Integrated Emergency Mental Health Care: Canadian and American Perspectives

*Tuesday, October 27, 2015: 1:00 PM-4:00 PM*

Chair: Mario Cappelli, PhD

Discussant: Mario Cappelli, PhD

9.2 Urgent Evaluation and Beyond: Towards Developing Effective Mental Health Collaboration With New York City Schools

George Alvarado, MD Maimonides Medical Center, Brooklyn, NY

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9.4 Use of Telepsychiatry in Emergency Room Settings

Vera Feuer, MD North Shore-LIJ Health System, Great Neck, NY

Stephanie Hartselle, MD Hasbro Children’s Hospital, Providence, RI

Jonathan Merson, MD North Shore-LIJ Health System, Glen Oaks, NY
| **JENNIFER HAVENS, MD** | **The Poster Docent: Addressing the Challenges to Effective Psychiatric Emergency Care for Children and Adolescents**  
*Chair: Jennifer Havens, MD*  
*Wednesday, October 28, 2015: 10:00 AM-11:00 AM*  
This talk reviews structural, workforce, and reimbursement challenges to effective Psychiatric Emergency Room care for youth, describes community and hospital-based models that overcome these challenges, and articulates a path for action to improve these essential services. |
| **ILIYAN IVANOV, MD** | **Clinical Perspectives 25**  
**Playing With Fire: Clinical Approaches to Using Controlled Substances in Adolescents With Substance Use Disorders**  
*Wednesday, October 28, 2015: 1:00 PM-4:00 PM*  
*Chairs: Joanna Quigley, MD and Iliyan Ivanov, MD*  
*Discussant: Joseph Lee, MD*  
25.2 Prescribing Benzodiazepines: A Friend or Foe When Treating Youth With Co-Existing Anxiety and Mood Disorders  
Scott Krakower, DO Hofstra North Shore-LIJ School of Medicine, Great Neck, NY  
25.3 Treating ADHD and Comorbid Substance Use Disorders: Are Stimulants a No-No?  
Iliyan Ivanov, MD Icahn School of Medicine at Mount Sinai, New York, NY  
**New Research Posters Session 4**  
*Friday, October 30, 2015: 9:30 AM-12:00 PM*  
Treatment Effectiveness of a Day Program for School Avoidant Adolescents With and Without Co-Occurring Substance Use Disorders  
Hari Nair, MD Mount Sinai St. Luke’s Roosevelt, New York, NY  
Shilpa R. Taufique, PhD Mount Sinai St. Luke’s Roosevelt, New York, NY  
Sasha Mann, BA Mount Sinai St. Luke’s Roosevelt, New York, NY  
Jennifer Herring, PhD Mount Sinai St. Luke’s Roosevelt, New York, NY  
Kevin Otero, MSC Mount Sinai St. Luke’s Roosevelt, New York, NY  
Nicole Zuber, MD The Child and Family Institute at Mount Sinai St. Luke’s Roosevelt, Manhattan, NY  
Alexander Kolevzon, MD Seaver Autism Center, New York, NY  
Daniel M. Medeiros, MD Mount Sinai St. Luke’s Roosevelt, New York, NY  
Iliyan Ivanov, MD Icahn School of Medicine at Mount Sinai, New York, NY  |
| **ARON JANSSSEN, MD** | **Clinical Perspectives Presentation 55.2**  
**From Undergrads to Child Psychiatry Fellows, a Pyramidal Approach to Gender and Sexuality Clinical Education**  
*Saturday, October 31, 2015 9:00 AM*  
Aron Janssen, MD, New York University, New York, NY |
There is growing evidence that personal characteristics such as self-control, grit, optimism, and resilience play a critical role in promoting mental health and mitigating psychiatric morbidity. Child and adolescent psychiatrists can contribute to prevention of mental disorders through interventions that enhance the capacity of young people to weather stress and maintain wellness. Participants are introduced to concepts of positive psychology and resilience and their
Clinical Perspectives Presentation 36.4
Positive Psychotherapy
Thursday, October 29, 2015 2:00 PM
Alan Schlechter, MD, Child Study Center, NYU Langone Medical Center, New York, NY

GABRIELLE SHAPIRO, MD
Advocacy Committee
Thursday, October 29, 2015: 3:00 PM-5:00 PM
Chairs: Debra E. Koss, MD and Karen Pierce, MD

JESS SHATKIN, MD
Institute 5
Thursday, October 29, 2015: 8:00 AM-4:00 PM
The Child Psychiatrist's Guide to Pharmacological and Behavioral Interventions for Sleep Disorders in Children, Adolescents, and Young Adults
Major strides have been made in recognizing the impact of sleep loss on children’s neurocognitive functions and academic achievements. This Institute provides the practicing mental health professional comprehensive, pragmatic, advanced knowledge of pharmacological and behavioral treatments for sleep disorders in children, adolescents, and young adults. Internationally recognized pediatric sleep experts present the most up-to-date, evidence-based treatments for sleep disorders with an emphasis on clinical characteristics and treatment options, wellness, and prevention. Topics covered include narcolepsy, idiopathic hypersomnia, restless legs syndrome, periodic limb movement disorder, sleepwalking, sleep terrors, nocturnal enuresis, REM-behavior sleep disorder, and nightmares; as well as how commonly used psychotropic medications affect sleep, behavioral interventions and practical guidelines for conducting cognitive behavioral therapy, exploration of environmental factors that impact sleep, and factors that determine when referral to a sleep study or a specialty sleep clinic is indicated. There will be a live Q&A section during this institute. Please come prepared with a smartphone, tablet, or laptop.
Chairs: Anna Ivanenko, MD, PhD and Jess P. Shatkin, MD, MPH

Argelinda Baroni, MD The NYU Child Study Center and NYU Langone Medical Center, New York, NY
9:00 AM
5.2
Sleep Education and Hygiene: What Really Works
Jess P. Shatkin, MD, MPH New York University School of Medicine, New York, NY
10:45 PM
5.4
Cognitive Behavioral Therapy for Insomnia in Adolescents and Young Adults: Cognitive Restructuring, Stimulus Control, Sleep Restriction, Arousal Reduction, and Biofeedback
Jess P. Shatkin, MD, MPH New York University School of Medicine, New York, NY

Workshop 14
Wednesday, October 28, 2015: 1:00 PM-4:00 PM
Assessing and Managing Risk From Afar: Knowledge of the Campus System of Care as a Tool for the Home Child and Adolescent Psychiatrist
Child and adolescent psychiatrists treating adolescents must move patients forward in their readiness for the transition to campus life, and establish treatment and crisis management plans ahead of time. Informed practitioners and prepared patients are both at decreased risk for negative outcomes. Participants learn practice-based strategies to minimize the risk of psychiatric crises in patients transitioning to college; learn about various college or university-based policies, programs, and strategies that identify/monitor/support students as risk; review federal privacy laws as they affect communication with parents and key campus constituents; and learn the value of a public health approach in mitigating risk and preventing suicide and other violence on campus.

Institute Presentation 5.2
Sleep Education and Hygiene: What Really Works
*Thursday, October 29, 2015 8:00 AM*

Jess P. Shatkin, MD, MPH, New York University School of Medicine, New York, NY

New Research Poster Presentation 5.3
A Pilot Trial of the College Sleep Improvement Plan (CSIP)
*Friday, October 30, 2015 12:30 PM*

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Institute Presentation 5.4
Cognitive Behavioral Therapy for Insomnia in Adolescents and Young Adults: Cognitive Restructuring, Stimulus Control, Sleep Restriction, Arousal Reduction, and Biofeedback
*Thursday, October 29, 2015 8:00 AM*

Jess P. Shatkin, MD, MPH, New York University School of Medicine, New York, NY

AACAP Work Force Issues Committee
*Friday, October 30, 2015 2:00 PM-3:00 PM*

Chairs: Jess P. Shatkin, MD, MPH and Lisa Cullins, MD

OLIVER STROEH, MD
Towards Establishing Best Practices in Inpatient Child and Adolescent Psychiatry
*Friday, October 30, 2015 8:30 AM-11:30 AM*

Chair: Oliver M. Stroeh, MD
Discussant: Rebecca L. Rendleman, MD

JOSE VITO, MD
Advocacy Committee
*Thursday, October 29, 2015 3:00 PM-5:00 PM*

Chairs: Debra E. Koss, MD and Karen Pierce, MD